Itty Bitty Citty Developmental Alignment Overview: Infant thru PreK

The main play areas of Itty Bitty City are listed below, along with the developmental milestones that each area facilitates.

Infant Area (Ages 2 and Younger)

Infants (12 mos and younger)

Social and Emotional

- Playing with others
- Mirror play
- Exploring the world nearby
- Developing curiosity about things
- Associating books with hearing a story

Language/Communication

Communicating through sounds and gestures

Movement and Physical Development

- Building core strength
- Developing gross motor skills
- Increasing mobility sitting, crawling, standing

Cognitive

- Following the path of an object in motion
- Moving things from one hand to the other
- Exploring items by shaking, banging, rolling
- Putting items into and taking out of a container

Toddler (ages 1 & 2)

Social and Emotional

- Playing alongside and occasionally with others
- Playing simple pretend, such as feeding a doll
- Exploring alone but with parent close by
- Associating books with hearing a story

Language/Communication

Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Building core strength
- Developing gross motor skills
- Increasing mobility standing, cruising, walking

Coanitive

- Exploring items by shaking, banging, rolling
- Putting items into and taking out of a container
- Finding hidden things
- Building towers of blocks

The Village

Infants (12 mos and younger)

Social and Emotional

- Playing with others
- Exploring the world nearby
- Associating books with hearing a story

Language/Communication

Communicating through sounds and gestures

Movement/Physical Development

- Developing gross motor skills
- Increasing mobility sitting, crawling, standing

Cognitive

- Following the path of an object in motion
- Moving things from one hand to the other
- Putting items into and out of a container
- Developing curiosity about things

Toddler (ages 1 & 2)

Social and Emotional

- Playing alongside and occasionally with others
- Playing simple pretend, such as feeding a doll
- Copying adults and friends, i.e. roleplaying as firefighter, grocery shopping, etc
- Exploring alone but with parent close by
- Associating books with hearing a story

Language/Communication

• Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills
- Increasing mobility standing, cruising, walking
- Helping to dress and undress self, i.e. costumes

Cognitive

- Exploring items by shaking, banging, rolling
- Putting items into and taking out of a container
- Finding hidden things
- Learning what ordinary things are for: For example, telephone, spoon, basket
- Sorting by shape or color
- Playing simple make-believe

Preschool (ages 3, 4, & 5)

Social and Emotional

• Copying adults and friends, i.e. roleplaying as firefighter, grocery shopping, etc

- Taking turns
- Playing independently
- Choosing to play with other children rather than by him/herself
- Dressing and undressing self, i.e. costumes

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills

Cognitive

- Playing make-believe with dolls, animals, and people
- Interacting with toys with buttons, levers, and moving parts
- Naming colors and numbers
- Counting 10 or more things
- Learning about things used every day, like money and food

The Stage

Infants (12 mos and younger)

Social and Emotional

- Playing with others
- Exploring the world nearby
- Associating books with hearing a story

Movement/Physical Development

- Developing gross motor skills
- Increasing mobility sitting, crawling, standing

Coanitive

- Following the path of an object in motion
- Developing curiosity about things

Toddler (ages 1 & 2)

Social and Emotional

- Playing alongside and occasionally with others
- Playing simple pretend, such as feeding a doll
- Exploring alone but with parent close by
- Associating books with hearing a story

Language/Communication

• Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills
- Increasing mobility standing, cruising, walking

Cognitive

- Exploring items by shaking, banging, rolling
- Putting items into and taking out of a container
- Finding hidden things

Preschool (ages 3, 4, & 5)

Social and Emotional

- Copying adults and friends, i.e. roleplaying as firefighter, grocery shopping, etc
- Taking turns
- Playing independently
- Choosing to play with other children rather than by him/herself
- Dressing and undressing self, i.e. costumes
- Singing, dancing, and acting

Language/Communication

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences
- Telling a simple story using full sentences

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills

Cognitive

- Playing make-believe with dolls, animals, and people
- Remembering parts of a story

Water Table

Infants (12 mos and younger)

Social and Emotional

- Playing with others
- Exploring the world nearby
- Developing curiosity about things

Language/Communication

Communicating through sounds and gestures

Movement/Physical Development

- Developing gross motor skills
- Increasing mobility standing

Cognitive

- Following the path of an object in motion
- Moving things from one hand to the other
- Putting items into and taking out of a container

Toddler (ages 1 & 2)

Social and Emotional

- Playing alongside and occasionally with others
- Exploring alone but with parent close by

• Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills
- Increasing mobility standing, cruising, walking

Cognitive

- Exploring items by shaking, banging, rolling
- Putting items into and taking out of a container

Preschool (ages 3, 4, & 5)

Social and Emotional

- Taking turns
- Playing independently
- Choosing to play with other children rather than by him/herself
- Dressing and undressing self, i.e. costumes

Language/Communication

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

Movement/Physical Development

Developing fine motor skills

Cognitive

- Interacting with toys with buttons, levers, and moving parts
- Naming colors and numbers

Train Table

Infants (12 mos and younger)

Social and Emotional

- Playing with others
- Exploring the world nearby
- Developing curiosity about things

Language/Communication

Communicating through sounds and gestures

Movement/Physical Development

- Developing gross motor skills
- Increasing mobility crawling, standing

Cognitive

- Following the path of an object in motion
- Moving things from one hand to the other

Toddler (ages 1 & 2)

Social and Emotional

Playing alongside and occasionally with others

- Playing simple pretend, such as feeding a doll
- Exploring alone but with parent close by

Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills
- Increasing mobility standing, cruising, walking

Cognitive

- · Exploring items by shaking, banging, rolling
- Finding hidden things

Preschool (ages 3, 4, & 5)

Social and Emotional

- Taking turns
- Playing independently
- Choosing to play with other children rather than by him/herself
- Dressing and undressing self, i.e. costumes

Language/Communication

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills

Cognitive

- Playing make-believe with dolls, animals, and people
- Interacting with toys with buttons, levers, and moving parts
- Naming colors and numbers
- Counting 10 or more things

Big Blue Blocks

Toddler (ages 1 & 2)

Social and Emotional

- Playing alongside and occasionally with others
- Playing simple pretend, such as feeding a doll
- Exploring alone but with parent close by

Language/Communication

Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Developing gross motor skills
- Increasing mobility standing, cruising, walking

Cognitive

• Exploring items by shaking, banging, rolling

Preschool (ages 3, 4, & 5)

Social and Emotional

- Copying adults and friends, i.e. roleplaying as construction worker, grocery shopping, etc
- Taking turns
- Playing independently
- Choosing to play with other children rather than by him/herself
- Cooperating with other children
- Dressing and undressing self, i.e. costumes
- Self Expression

Language/Communication

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills

Cognitive

- Doing puzzles with 3 or 4 pieces
- Building towers of more than 6 blocks
- Creative thinking
- Problem solving

Race Track

Toddler (ages 1 & 2)

Social and Emotional

- Playing alongside and occasionally with others
- Exploring alone but with parent close by

Language/Communication

• Communicating through short words, simple sentences, and gestures

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills
- Increasing mobility standing, cruising, walking

Cognitive

- Exploring items by shaking, banging, rolling
- Putting items into and taking out of a container
- Building towers of 4 or more blocks

Preschool (ages 3, 4, & 5)

Social and Emotional

Taking turns

- Playing independently
- Choosing to play with other children rather than by him/herself
- Self-expression

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills

Cognitive

- Interacting with toys with buttons, levers, and moving parts
- Naming colors and numbers
- Creative thinking
- Problem solving

Playology Lab

Toddler (ages 1 & 2)

Social and Emotional

Playing alongside and occasionally with others

Language/Communication

- Communicating through short words, simple sentences, and gestures
- Following simple instructions
- Pointing to things when they are named

Movement/Physical Development

- Developing fine motor skills
- Increasing mobility standing, cruising, walking

Coanitive

- Exploring items by shaking, banging, rolling
- Sorting shapes and colors
- Finding hidden things
- Following two-step instructions
- Drawing and writing

Preschool (ages 3, 4, & 5)

Social and Emotional

- Taking turns
- Playing independently
- Choosing to play with other children rather than by him/herself
- Cooperating with other children

Language/Communication

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

• Following instructions with 2-3 steps

Movement/Physical Development

- Developing fine motor skills
- Pouring liquids
- Using tools like fork, spoon, brush

Cognitive

- Interacting with toys with buttons, levers, and moving parts
- Doing puzzles with 3-4 pieces
- Naming colors and numbers
- Counting 10 or more things
- Using Scissors
- Drawing and writing
- Creative thinking
- Critical thinking

Scavenger Hunt

Preschool (ages 3, 4, & 5)

Social and Emotional

- Taking turns
- Cooperating with other children
- Choosing to play with other children rather than by him/herself
- Dressing and undressing self, i.e. costumes

Language/Communication

- Learning spatial words like in, on, and under
- Carrying on a conversation with 2-3 sentences

Movement/Physical Development

- Developing gross motor skills
- Developing fine motor skills

Cognitive

- Playing make-believe with dolls, animals, and people
- Interacting with toys with buttons, levers, and moving parts
- Naming colors and numbers
- Counting 10 or more things
- Doing puzzles with 3-4 pieces
- Learning about things used every day, like money and food